FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington,	D.C. 20549	

Washington, D.C. 20549	OMB APPR	OVAL		
STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP	OMB Number:	3235-0287		
	Estimated average burden			

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0.5

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

Name and Address of Reporting Person* FRYE J WES					2. Issuer Name and Ticker or Trading Symbol XPO, Inc. [XPO]									k all app	,	ng Pers	son(s) to Is		
(Last) (First) (Middle) C/O XPO, INC.					3. Date of Earliest Transaction (Month/Day/Year) 03/10/2023									Office below	er (give title v)		Other (below)	specify	
FIVE AMERICAN LANE						4. If Amendment, Date of Original Filed (Month/Day/Year)							6. Individual or Joint/Group Filing (Check Applicable						
(Street)	Street) GREENWICH CT 06831											Line)	X Form filed by One Reporting Person Form filed by More than One Reporting Person						
(City)	(State) (Zip)																
		Table	l - No	n-Deriva	tive S	Secu	rities	Acq	uired,	Dis	posed of	, or B	enet	ficially	/ Own	ed			
1. Title of Security (Instr. 3) 2. Transact Date (Month/Day					Execution Date,			3. Transaction Code (Instr. 8) 4. Securities Acquired (A Disposed Of (D) (Instr. 3, 5)			4 and Securiti		ties For cially (D) I Following (I) (: Direct r Indirect str. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)			
										v	Amount	(A) (D)	PI	rice	Transa	ed ction(s) 3 and 4)			(11150.4)
Common Stock, par value \$0.001 per share 03/10/2				2023			P		1,500	A	\$	35.74	1,500		1	D ⁽¹⁾			
	Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																		
1. Title of Derivative Conversion or Exercise (Instr. 3) 2. Conversion Date Execution Date, if any (Month/Day/Year) Derivative Security 3. Transaction Date Execution Date, if any (Month/Day/Year)					Transaction Code (Instr. 8) of Deriv Sect Acqu (A) o Disp of (D		r osed) r. 3, 4	6. Date Exerci Expiration Da (Month/Day/Yo		ate Amount of		De Se (In	Price of rivative curity str. 5)	9. Number derivative Securities Beneficiall Owned Following Reported Transactio (Instr. 4)	Ownershi Form: Direct (D) or Indirect (I) (Instr. 4		11. Nature of Indirect Beneficial Ownership (Instr. 4)		
					Code	v	(A)	(D)	Date Exercis	able	Expiration Date	Title	Amou or Numb of Share	per					

Explanation of Responses:

1. These securities are held in the Reporting Person's individual retirement account.

Remarks:

/s/ Riina Tohvert, Attorney-in-

Fact

** Signature of Reporting Person Date

03/14/2023

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.